



United States Congress

Joint Economic Committee

Est. 1946

Republicans

Representative David Schweikert, *Vice Chairman*



California

Inflation Update



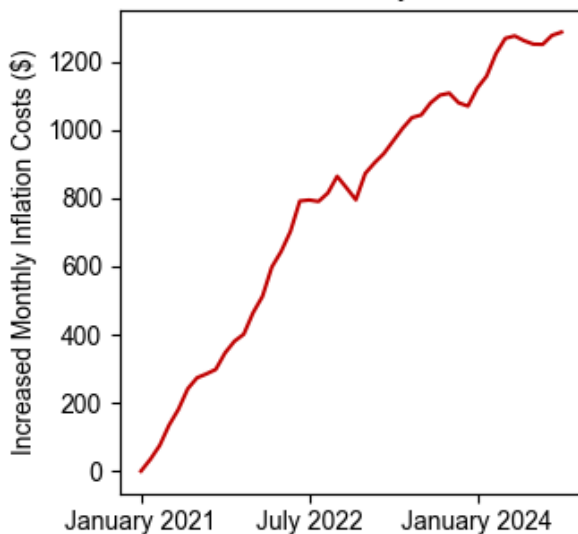
October 2024

Summary

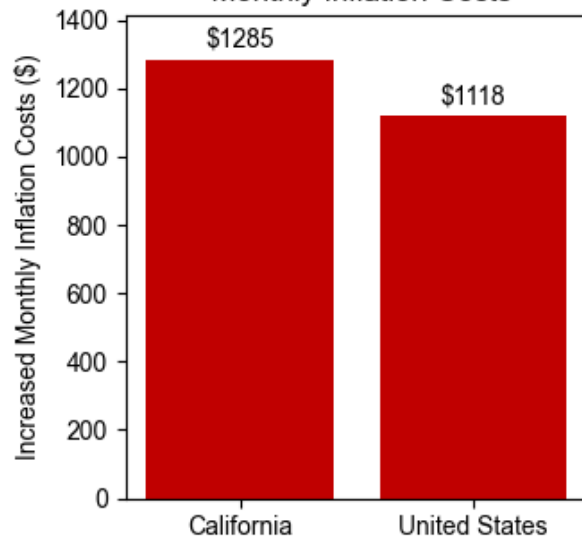
Using the **October 2024** [Consumer Price Index](#) data release by the Bureau of Labor Statistics, the Joint Economic Committee (JEC) [State Inflation Tracker](#) estimates that the average household in **California** is paying **\$1,285** more per month to purchase the same basket of goods and services as in January 2021.

Cumulatively, the average **California** household has spent **\$35,794** more due to inflation since January 2021.

Increased Monthly Inflation Costs Since January 2021



California ranks 4th for Increased Monthly Inflation Costs



Breakdown

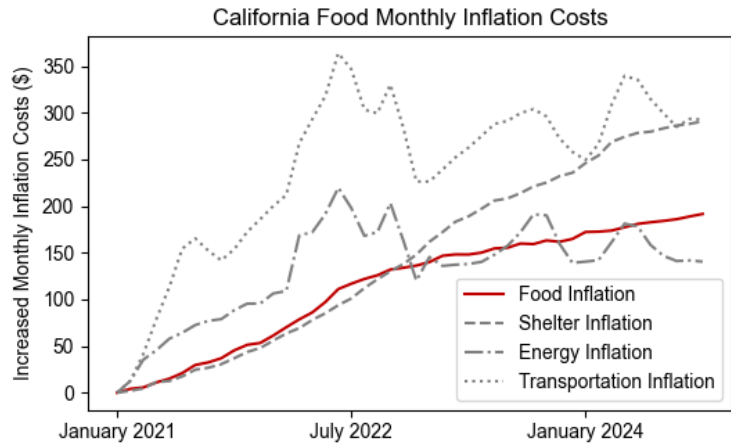
The Census Division where **California** is located has seen cumulative inflation of **20.2 percent** since January 2021. This is **0.5 percentage points lower** than the national cumulative inflation since January 2021 of **20.7 percent**.

Compared to one year earlier, the average **California** households needs to spend **\$179** more per month to maintain the same standard of living.

The JEC Inflation Tracker breaks down the increased cost to the average household in **California** relative to January 2021 into four essential spending categories below:

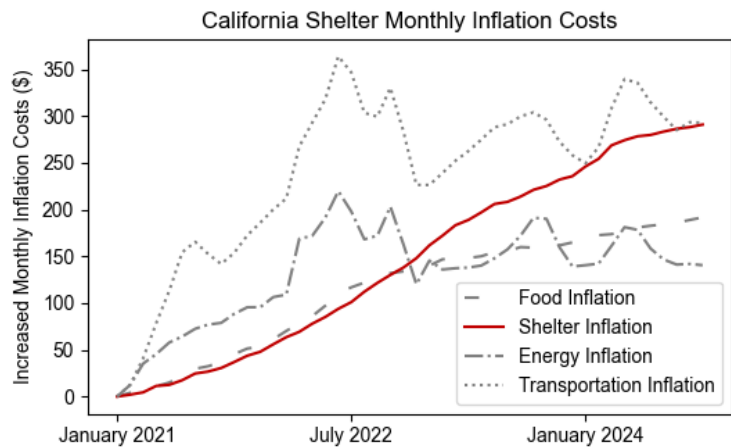
Household Food Expenses

Compared to January 2021, the average household in **California** is spending **\$192** more on food per month. This is **\$28 more** each month than one year ago. Cumulatively, the average household in **California** has spent **\$5,236** more on food due to inflation since January 2021.



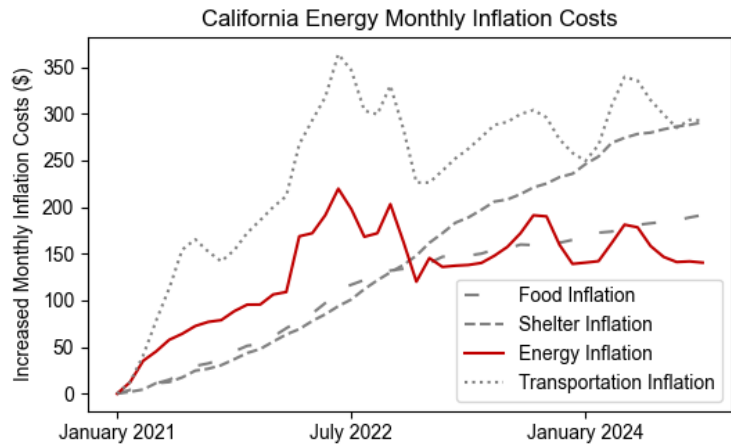
Household Shelter Expenses

Compared to January 2021, the average household in **California** is spending **\$291** more on shelter per month. This is **\$66 more** each month than one year ago. Cumulatively, the average household in **California** has spent **\$6,647** more on shelter due to inflation since January 2021.



Household Energy Expenses

Compared to January 2021, the average household in **California** is spending **\$140** more on energy per month. This is **\$50 less** each month than one year ago. Cumulatively, the average household in **California** has spent **\$6,097** more on energy due to inflation since January 2021.



Household Transportation Expenses

Compared to January 2021, the average household in **California** is spending **\$293** more on transportation per month. This is **\$3 less** each month than one year ago. Cumulatively, the average household in **California** has spent **\$11,061** more on transportation due to inflation since January 2021.

